



MAY | 2018

St Rose School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cheese Quesadilla Salsa and Sour Cream Corn Refried Beans Banana Milk	2 Baked Chicken WG Corn Bread Broccoli Cucumber Slices with Ranch WG Cookie Sidekick Milk	3 Beef Hot Dog WG Bun French Fries Ketchup Steamed Carrots Pear Milk	4 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
7 Corn Dog Cooked Carrots Tossed Salad FF Dressing Juice Box Milk	8 Pepperoni Calzone California Blend Cucumbers with Ranch Banana Milk	9 Cheese Omelet Biscuit Cubed hash Browns Fruitable Plus Apple Milk	10 Beef Taco WG Tortilla Lettuce, Tomato Cheese Salsa and Sour Cream Refried Beans Sliced Peaches Milk	11 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
14 Cheese Bread sticks Marinara Cup Buttered Corn Fruitable Plus Pear Milk	15 BBQ Baked Chicken Mac N Cheese Baked Beans WG Corn Bread Celery Sticks FF Ranch Banana Milk	16 Buffalo Chicken Sandwich Baby Carrots with Ranch Green peas Strawberry cup Milk	17 Meatball Sub American Cheese Potato Wedges Steamed Broccoli Orange Sections Milk	18 Pizza Tossed Salad Grape Tomatoes FF Dressing Apple WG Cookie Milk
21 Chicken Tenders Steamed Cauliflower Tossed Salad FF Dressing WG Graham Crackers Pear Milk	22 Egg, Sausage and Cheese WG English Muffin Cubed Hash browns Fruitable Plus Banana Milk	23 Turkey and cheese Sub Baked Potato with butter Steamed Broccoli with Cheese sauce Sliced Peaches Milk	24 Cheeseburger WG Bun Baked Beans Steamed Carrots Orange Sections Milk	25 No School
28 No School	29 No School	30 No School	31 No School	

Lunch Times
11:30am- 12:00pm
12:05pm- 12:35pm

Meat/Alternate
Grades k-5 8 oz. Weekly
Minimum 1oz per day
Grades 6-8, 9 oz. weekly
Minimum 1oz per day
Grades 9-12 10 oz. weekly

Grain/Bread
Grades k-5 8 oz. weekly
Minimum 1oz per day
Grades 6-8 8 oz. weekly
Minimum 1oz per day
Grades 9-12 10 oz. weekly
Minimum 2oz per day

Fruit
Grades k-8 ½ cup Daily and 2 ½ cups weekly
Vegetable
Grades k-8, ¾ cup Daily and 3 ¾ cups weekly
Grades 9-12, 1 cup daily and 5 cups weekly

Milk
1 cup 1% or Fat Free