

CYO Coaching Requirements

Every volunteer coach and commissioner is required to complete the following:

- New coaches – Expectations form (one time)
- Concussion certification (every 3 years)
- CYO certification or recertification (every 12 months)
- BCI/FBI background check through www.virtus.org (every 5 years)
- Lindsay's Law acknowledgement (once per year)
- Attend Saint Rose Coaches Orientation/Meeting (TBD)

Expectations Form

Every new coach is required to complete the CYO Expectations form and submit to the Athletic Director via the parish office or electronically to athleticdirector@saintroseonline.org .

Concussion Certification

Every CYO coach is now required to complete the National Federation of State High School Associations (NFHS) online Concussion Course in response to Ohio House Bill 143 which took effect in April 2013. You may do this by visiting <http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000> and following the attached instructions. You must then provide CYO and your Athletic Director with a copy of your Certificate of Completion – you may do this electronically to CYO@toledodiocese.org and athleticdirector@saintroseonline.org . This Concussion Course will NOT be included in the CYO certification classes, so coaches must complete this 30 minute course on their own time. Please complete prior to attending CYO certification. This will need to be completed by all volunteer coaches every 3 years.

Lindsays Law: Sudden Cardiac Arrest

You may access the Sudden Cardiac Arrest video and test questions by clicking on the link below https://docs.google.com/forms/d/e/1FAIpQLSfnVIVvAQskwvqgzwKZuVsbU1NiKhbukDh9N36LIQItdAm2A/viiewform?usp=sf_link. This link will then send a notification to the CYO Office that you completed the test, so you do not need to email or bring a Certificate of Completion with you. Please complete prior to attending CYO certification. This will need to be completed by all volunteer coaches every year.

CYO Certification/recertification

To coach in the CYO program, ALL commissioners and coaches, whether head or assistant coaches, must attend an initial certification class followed by a re-certification class every twelve months. If your certification status has lapsed (you have not attended a session in the last 12 months), you will need to attend the initial class again. The current certification class schedule can be found on the CYO website, www.toledodiocese.org/cyo. Please register through the St. Rose Parish office. Completed registration form and payment will be needed to register (cash/check only – checks payable to St. Rose).

FBI/BCI Background Check

New coaches will need to go online to www.virtus.org and complete the necessary requirements for the background check. There is a cost of \$25.00. Returning coaches (if more than 5 years) will need to obtain a password through the St. Rose compliance officer and then go to www.virtus.org to complete the necessary background check. There is a cost of \$25.00. This will need to be completed by all volunteer coaches every 5 years.