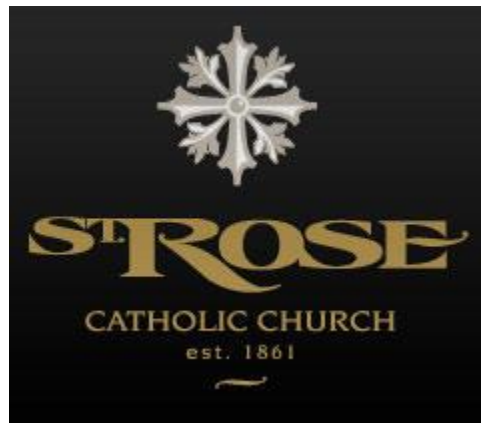


Saint Rose Parish Athletic Handbook



St. Rose Parish
215 E Front Street
Perrysburg, Ohio 43551
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St. Rose Parish Athletic Program

The purpose of this Athletic Program Handbook is to make parents, coaches and students aware of the philosophy and policies to be followed for participation in the St. Rose Athletic Program. The St. Rose Athletic Program and all participants are subject to the rules set forth in this Athletic Handbook and the CYO Handbook of the Diocese of Toledo.

Philosophy and Mission

St. Rose Parish offers, as part of its teaching mission, a variety of athletic programs. These athletic programs are intended to promote a positive environment that gives the children of the St. Rose community the opportunity for development of physical skills, leadership training and character building. Winning, losing, teamwork, perseverance, fairness and competitiveness are among the many lessons learned. Good sportsmanship steeped in Christian values is expected of all players, coaches, commissioners and parents and shall be reinforced by the Athletic Council. This handbook has been prepared so that the student participant, the parents and coaches will better understand the guidelines and procedures of the athletic program and how to effectively communicate. We desire that the program is a positive experience for everyone involved.

St. Rose Parish Athletic Council

Purpose

The Athletic Council is established by the Pastor to assist him and the Athletic Director in the governance of the parish and school sports programs. The Pastor has full authority of St. Rose Athletics. It is vital that the Athletic Council

establish the importance of good Christian sportsmanship in the minds of the entire parish and school community.

Membership

Membership is extended to any active St. Rose/St. John XXIII parishioners or parents and legal guardians of St. Rose students. Anyone seeking to serve on the Athletic Council shall submit his/her name to the Athletic Director. The Athletic Council shall consist of a minimum of seven voting members to a maximum of nine. Open positions may be filled at any time.

Revisions and Policy Modification

The Pastor and Athletic Council may make changes to any policies outlined in this handbook as necessary and has the final decision with regard to any policy.

Athletic Programs Offered

Fall Sports

Cheerleading – Girls Grades 5 – 8.

Cross Country – Boys and Girls Grades K – 8.

Football – Boys Grades 5 – 8.

Flag Football – Boys Grades 3 – 4.

Soccer – Boys and Girls Grades 1 – 8. Teams are co-ed.

Volleyball – Girls Grades 3 – 12.

Winter Sports

Basketball – Girls and Boys Grades 3 – 12.

Spring Sports

Softball – Girls Grades 3–8.

Soccer – Boys and Girls Grades 1 – 8. Teams are co-ed.

Track and Field – Girls and Boys Grades 5 – 8.

Fees

All sports offered at St. Rose Parish have different costs required for operation. These fees are subject to change from year to year dependent upon the possible increase in CYO team fees and CYO player fees as well as need for athletic equipment. St. Rose offers online registration, through the Parish website, www.saintroseonline.org, click on the CYO tab, during “open registration” periods. Payment is due upon registration and no athlete will be permitted to participate until registration fees are paid and Athletic Contract (with Doctor’s signature) is submitted to the Athletic Director. Athletic Contract need only be filled out yearly. **There will be no refunds after the first day of participation.**

St. Rose Parish believes that all children should have the opportunity to participate in CYO sports and need-based scholarships are available. Please contact the Athletic Director for confidential consideration.

Participation Based Leagues

Athletes in grades 3 – 5 are considered participation based leagues, where in the event of the decision to split teams they will be divided as evenly as possible with regard to skill. All athletes shall play within their grade level unless there is a need to combine teams due to lack of participation. Should a teams’ division not reflect a reasonable equality, the Athletic Director and Commissioner will investigate the circumstances and possibly require adjustments. The Athletic Director may or may not allow coaches to take part in the team assignment process.

Skill Based Leagues

Athletes in grades 6 – HS are considered skill based leagues, which will allow teams placed in certain leagues to compete with like teams. In sports with a

larger number of athletes participating per grade level, skill based divisions will be implemented through an evaluation process to split the teams. This evaluation process is designed to help produce the best atmosphere for the athletes to play and compete with others of comparable skill level. The evaluators will consist of the Athletic Director, Commissioner, appointed Coaches and/or members of the Athletic Council. The evaluation will take place during an “open gym” session and/or practice and parents and athletes will be given ample notice of when the evaluation will take place. Upon completion of the evaluation, the players will be assigned teams based on skill and subsequently into the league best suited for their ability. Coaches are to be assigned after teams are formed. All athletes shall play within their grade level unless there is a need to combine teams due to lack of participation. In the event that an error through misplacement occurs, the Athletic Director and Athletic Council members will investigate the circumstances and possibly require adjustments. This process will be enforced with the best interest and well – being of the athlete as the number one concern.

Student–Athlete and Parent

Expectations and Requirements

Student–athletes and parents should recognize that participation in the athletic program is not a right of all students, but rather a privilege to those individuals who possess the ability, attitude, disposition, cooperative spirit and desire to represent the St. Rose Parish community in a positive way. Both participants and spectators are reminded to display positive behavior traits, conducting themselves in a Christian manner. This includes but is not limited to, treating opponents, officials and spectators with respect, cheering for our teams and not against our opponents and abiding by all rules and regulations as set forth by CYO. Good sportsmanship and proper conduct are integral parts of the CYO program.

Eligibility

All players must be members of St. Rose Parish or St. John XXIII or attend St. Rose School to play on the parish team. For football, St. Rose teams are comprised of the following parishes in addition to St. Rose; St. John XXIII, All Saints, St. Aloysius, St. Thomas More, St. Louis (Custar, Ohio).

Any athlete who meets the eligibility requirements will be given the opportunity to participate on a CYO parish team. The philosophy of the CYO program does not include any “cutting” of children who wish to participate on a team. Parishes may enter more than one team in any offered activities.

When St. Rose does not have a team in a particular sport, an athlete may request to play on a neighboring parish team. When we do not have enough players to field a team the athlete may play for another parish. The athletic director will follow up with all registered athletes to determine their preference and if they request to play with/on a different team in the instance we do not have enough player to field a St. Rose team.

Attendance

All athletes must be marked as present in school on the day of the practice or game/scrimmage in order to participate. Coaches may require attendance at practice to be eligible for participation in games. Missing practice without a cause i.e. unexcused absence or excessive absences can result in reduced playing time. In order for an absence to be an excused absence, the parent must notify the coach of the reason for the absence prior to the game or practice.

Playing Time

The CYO Advisory Committee developed an “all play” participation rule for each CYO sport during the 2001– 2002 year which was implemented during the 2002–2003 CYO season. These rules were developed after a series of meetings, as well as input from parish athletic directors. You may visit the CYO website at <http://toledodiocese.org/cyo> for detail on the “all play participation” rule per each individual sport.

Playing time may be reduced as a disciplinary action, per coaches discretion, especially when a player engages in any conduct unbecoming of a Christian student athlete.

Equipment/Uniforms

St. Rose parish is able to provide a wide variety of equipment for use by our athletes. Each athlete must be fully dressed in uniform, as required by CYO, for each game, meet or match. All issued equipment and uniforms must be properly cared for while in the possession of an athlete. Equipment/uniforms that are issued to an athlete must be returned upon conclusion of the season, preferably during the designated uniform drop off date, as determined by the Athletic Director and Commissioner. If a uniform is not returned or is damaged, parents will be responsible for the cost of replacing the uniform.

Process for Handling Concerns

For concerns, the party in question should locate the first point in the line of authority (usually the coach) and address the issue. If the concern is not handled, the Commissioner and then Athletic Director may be contacted.

Wherever policy is concerned, the parent must begin with the Athletic Director who has been placed in the position of implementing Parish policy. Any concerns submitted to the Diocesan CYO Office will be redirected to the St. Rose Athletic Director.

Observance of the 24 Hour Rule

Please do not attempt to approach a coach before or after a game or practice. These can be emotional times for parents, coaches and athletes alike. Meetings of this nature often do not promote resolution. Please wait 24 hours before attempting to address concerns with a coach via email or phone.

Expected Behavior and Positive Cheering -

(taken from CYO Policies and Procedures Handbook)

All coaches, players, parents, spectators and other involved with a team in the CYO program are expected to conduct themselves in a Christian manner, teaching and guiding youth with a sense of fair play, sportsmanship and acceptance of winning and losing in accordance with Christian ideals and the objectives of the CYO program.

Any type of cheering, yelling or other similar actions which are done in a manner to disconcert or to be derogatory toward the opposing team or a specific opponent is considered inappropriate. Cheering and other support must always be positive in nature. Cheers and encouragement should always be directed toward your team and players to do well and NOT toward and opponent to fail.

Head coaches have the obligation to correct any assistant coaches, team members, parents and/or spectators from his/her team for misconduct, foul language, etc.

Coaching

Expectations and Requirements

All sports commissioners, head coaches and assistant coaches must be approved by the Athletic Director and Pastor.

Any head coach under the age of 24 must meet with and receive written approval from the Pastor and/or Athletic Director. The letter must be kept on file at the Parish Office and a copy forwarded to the Diocesan CYO office.

Coaches/Commissioners have a great responsibility as well as a great opportunity to guide and influence the youth of our parish.

Coaches/Commissioners assume the role of teacher, mentor as well as minister to the athletes. The selection of coaches/commissioners will reflect the mission and philosophy of the parish athletic program. All coaches must complete the training required by CYO and St. Rose Parish as well as submit all necessary documentation required by CYO and St. Rose Parish, before being permitted to coach.

Expectations Form/Protecting Youth

All **new** coaches, assistant coaches and commissioners must complete an “**Expectations for those who Minister to Youth**” form, which can be found on the parish website under the CYO tab, www.saintroseonline.org. This form must be submitted to the Athletic Director at athleticdirector@saintroseonline.org or to the Parish Office.

Background Check

All **new** coaches, assistant coaches and commissioners are required to complete an online background check through, www.virtus.org. Through this online background check the CYO office will receive a quarterly report from The Bureau of Criminal Identification and Investigation. **This process will replace fingerprinting and will need to be completed every 5 years.** The fee is \$25.00 – payable online.

CYO Certification/Re-Certification

To coach in the CYO program, **ALL** commissioners and coaches, whether head or assistant coaches, must attend an Initial Certification class followed by a Re-Certification class every twelve months. If your certification status has lapsed (you have not attended a session in the last 12 months), you will need to attend the initial class again. The current certification class schedule can be found on the parish CYO website.

Concussion Certification

Every CYO coach is now required to complete the National Federation of State High School Associations (NFHS) online Concussion Course in response to Ohio House Bill 143 which took effect in April 2013. You may do this by visiting <http://nfhslearn.com/?courseID=38000> and following the attached instructions. You must then provide CYO and your Athletic Director with a copy of your Certificate of Completion – you may do this electronically to CYO@toledodiocese.org and athleticdirector@saintroseonline.org. This Concussion Course will NOT be included in certification classes, so coaches must complete this 30 minute course on their own time. **This is to be completed every 3 years.**

Lindsay's Law (Sudden Cardiac Arrest)

Every coach is required, as of the 2017 athletic season, to complete the course on Lindsay's Law educating on sudden cardiac arrest in youth. You may do this by visiting the link below. After taking the final test an automatic notification will be sent to the CYO office that you have adequately passed the test. Please complete prior to attending CYO coaches certification classes. **This is to be completed annually.**

https://docs.google.com/forms/d/e/1FAIpQLSfnVIVvAQsKwvpvqqzwKZuVsbU1NiKhbukDh9N36LIQItAm2A/viewform?usp=sf_link.

Coaches' General Responsibilities

(Taken from CYO Policies and Procedures Handbook)

1. Coaches must understand they are a role model to the youth on their team. (See Appendix XIII – “Suggestions to Coaches/ The Coach as a Role Model”).
2. Coaches are responsible to know and understand the rules for the sport they are coaching and to teach these rules to their players both in the letter and in the spirit. National Federation High School rule books may be purchased through the National Federation website (www.nfhs.com).
3. Coaches are responsible to conduct themselves in an orderly fashion and with proper bench decorum. Coaches must always set a good example for the players and spectators to follow.
4. Coaches must respect the integrity and judgment of game officials. Treating them with respect, even when not agreeing with their judgment, will serve to create a positive impression of both the coach and team.
5. Coaches should display modesty in victory and graciousness in defeat.
6. Coaches are responsible for the conduct of their assistants, players, parents, and spectators.
7. The greatest challenge of a youth coach is to develop the players on their team into better Christian people who will make their family and parish community proud.
8. A coach must never underestimate the influence which they have on their players.

Non-Compliance

Any instance of non-compliance, failure to follow policy and guidelines set forth by CYO and St. Rose Parish, by a coach shall be carefully documented by the Athletic Council with written notice given to the offending coach. The Athletic Council along with the Pastor's approval has the authority to remove any coach/commissioner. Once a final decision is made it must be shared with

the coach in writing. The CYO Office must be forwarded any correspondence regarding the removal of a coach from his/her coaching duties to be kept on file. If a coach is removed from his/her coaching duties either by the parish or the CYO office, they are required to turn their current coaching lanyard back to their parish athletic director or the CYO office.

DIRECTIONS TO TOLEDO AREA GYMS FOR VOLLEYBALL MATCHES

All Saints Parish (Rossford): 628 Lime City Road, Rossford 43460

Exit I-75 at Buck Road, turning right onto Buck. Turn right on to Lime City Road at stop sign (McDonald's on the corner). Cross railroad tracks; parish is on the left. Drive all the way to the back and enter McAlear Center (gym).

Blessed Sacrament Parish: 4255 Bellevue Road, Toledo 43613-3999

When traveling north on Douglas, turn right onto Grantwood, then turn right onto Bellevue. Enter Middle School & Neighborhood Center (gym) through doors facing Close Park. Parking along Close Park, with additional parking in lot off Grantwood.

Cardinal Stritch Catholic High School: 3225 Pickle Road, Oregon 43616-4099

When traveling east on Navarre Avenue (Rt. 2), turn right on Wheeling Street. At four way stop, turn left on Pickle. Proceed for approx. 1/2 mile. School will be on left, enter through glass doors facing parking lot.

Central Catholic High School: 2550 Cherry Street, Toledo 43608-2394

Turn into CCHS campus from Cherry Street (directly across from entrance to St. Vincent Medical Center). Park in front lot and enter front school doors. Enter the gym through the main school doors on Cherry Street.

Christ the King Parish: 4100 Harvest Lane, Toledo 43623-4399

Located on Harvest Lane between Sylvania and Monroe Streets (enter parking lot from either street). Gym is on Monroe Street side; enter gymnasium building from corner glass doors.

Franciscan Academy of Lourdes University (Sylvania): 5335 Silica, Sylvania 43560

Traveling West on Monroe Street, cross Main Street in downtown Sylvania, travel over railroad tracks. Turn left at traffic light on to Silica. Pass Northview High School and the Academy will be on your right after the HS.

Gesu Parish: 2049 Parkside Boulevard, Toledo 43607-1597

Located on Parkside (at Bancroft). Turn into parking lot from Parkside, proceed to back of church building, following parking lot to the left. Enter gym building under "Loyola Hall" sign in the back of the lot.

Holy Trinity Parish (Assumption): 2649 U.S. Highway 20, Swanton 43558-9558

From 23 North/I-475, take Central Avenue/US 20 exit. Travel west on US 20 (Central Avenue) for 11.5 miles into Assumption. Parish is located on left at intersection of US 20 & State Route 64. Turn into drive at ball diamond. School is located in back of church building behind ball diamond. Enter gym from east end of school.

Lial Elementary School: 5900 Davis Road, Whitehouse 43571-9669

From the North: Travel west on Airport Highway, turn left on Eber Road (just before Toledo Express Airport), right on Obee, left on Davis. From the South: Travel west on Anthony Wayne Trail, right on Monclova (near St. Luke's Hospital), left on Eber, right on Obee, left on Davis. School is on the right.

Little Flower Parish/St. Benedict School: 5522 Dorr Street, Toledo 43615-3612

Turn onto Olimphia Road from Dorr (just west of Reynolds Road); Little Flower complex is on the right. Pass school; turn into parking lot and enter doors in the corner of school/church buildings to enter gym.

Notre Dame Academy: 3535 Sylvania Avenue, Toledo 43623-4479

Enter NDA campus at light on Sylvania. Drive past school to back parking lot and enter through glass doors.

Our Lady of Perpetual Help Parish (OLPH): 2255 Central Grove, Toledo 43614-4321

Turn onto Sherwood from the Anthony Wayne Trail and right into the driveway. Proceed past the school and church building to the back parking lot. Enter the gym building through double glass doors.

Regina Coeli Parish: 530 Regina Parkway, Toledo 43612-3398

Turn onto Regina Pkwy from Bennett Road (north of Sylvania). Pass church building and turn right into gym lot.

Rosary Cathedral Parish (Our Lady, Queen of the Most Holy Rosary Cathedral): 2535 Collingwood Blvd., Toledo 43610

Park in new lot by school on Collingwood (as opposed to in between school and church buildings). New entrance to gym is off of this new parking lot.

DIRECTIONS TO TOLEDO AREA GYMS FOR CYO BASKETBALL GAMES

All Saints Parish (Rossford): 628 Lime City Road, Rossford
Exit I-75 at Buck Road, turning right on to Buck. Turn right on to Lime City Road at stop sign (McDonald's on the corner). Cross railroad tracks; parish is on the left. Drive all the way to the back and enter McAlear Center (gym).

Blessed Sacrament Parish: 4255 Bellevue Road, Toledo
When traveling north on Douglas, turn right onto Grantwood, then turn right onto Bellevue. Enter Middle School & Neighborhood Center (gym) through doors facing Close Park. Parking along Close Park, with additional parking in lot of Grantwood.

Cardinal Stritch High School: 3225 Pickle Road, Oregon
When traveling east on Navarre Avenue (Rt. 2), turn right on Wheeling Street. At four way stop, turn left on Pickle. Proceed for approx. 1/2 mile. School will be on left, enter through doors facing parking lot.

Central Catholic High School: 2550 Cherry Street, Toledo
Turn into CCHS campus from Cherry Street (directly across from entrance to St. Vincent Medical Center). Park in front lot and enter front school doors. "Front" gym is straight ahead through sets of double doors. If scheduled in Sullivan Center, use Sullivan Center entrance to right of main school entrance.

Christ the King Parish: 4100 Harvest Lane, Toledo
Located on Harvest Lane between Sylvania and Monroe Streets (enter parking lot from either street). Gym is on Monroe Street side; enter gymnasium building from corner glass doors.

Franciscan Academy of Lourdes University: 5335 Silica Drive, Sylvania
Traveling west on Monroe Street, cross Main Street in downtown Sylvania, travel over railroad tracks. Turn left at traffic light on to Silica. Pass Northview High School and the Academy will be on your right after the high school.

Gesu Parish: 2049 Parkside Boulevard, Toledo
Located on Parkside (at Bancroft). Turn into parking lot from Parkside, proceed to back of church building, following parking lot to the left. Enter gym building under "Loyola Hall" sign in the back of the lot.

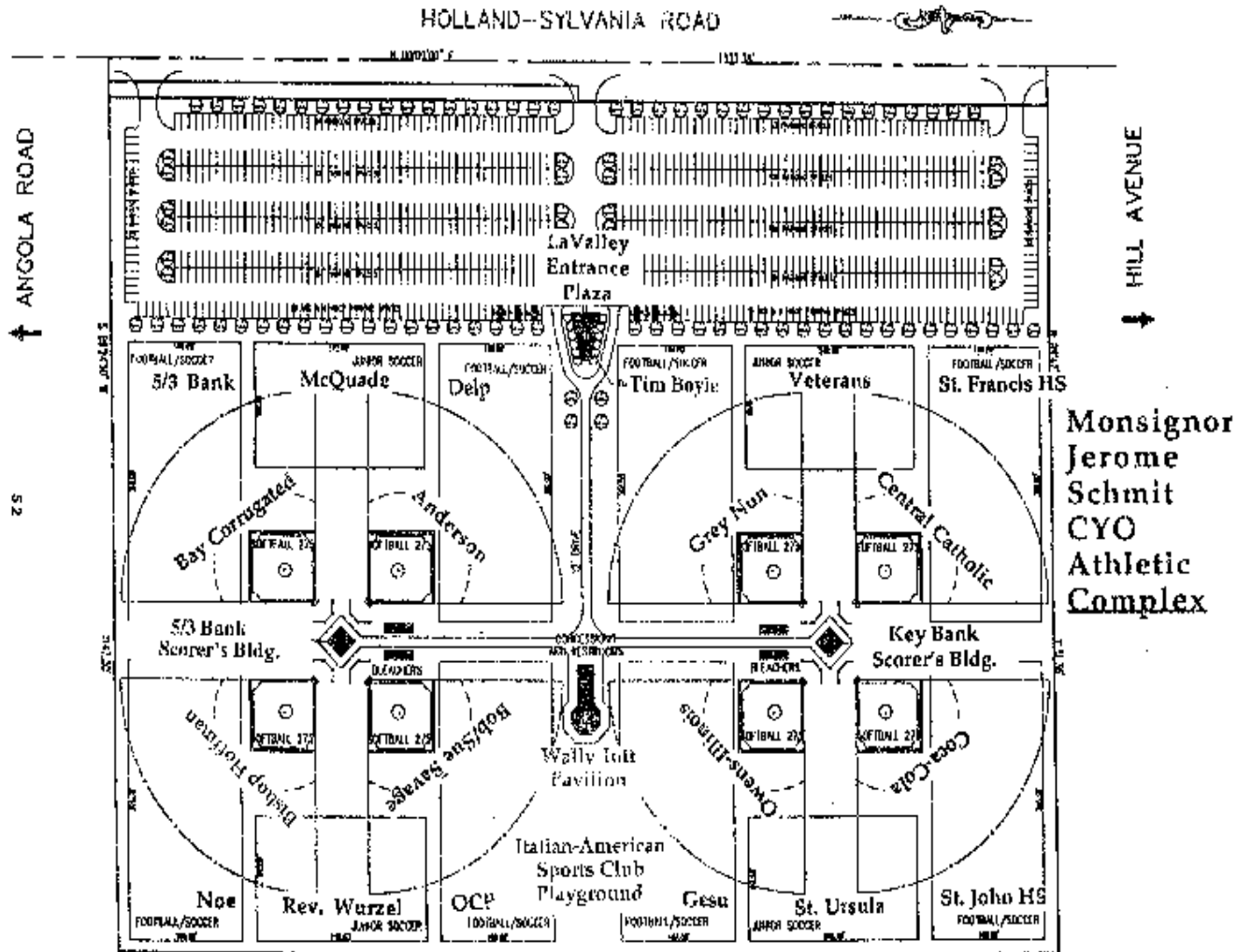
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From 23 North/I-475, take Central Avenue/US 20 exit. Travel west on US 20 (Central Avenue) for 11.5 miles into Assumption. Parish is located on left at intersection of US 20 & State Route 64. Turn into drive at ball diamond. School is located in back of church building behind ball diamond. Enter gym from east end of school.

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Little Flower Parish (St. Benedict School): 5522 Dorr Street, Toledo
Turn onto Olimphia Road from Dorr (just west of Reynolds Road); Little Flower complex is on the right. Pass school; turn into parking lot and enter doors in the corner of school/church buildings to enter gym.

Notre Dame Academy: 3535 Sylvania Avenue, Toledo
Enter NDA campus at light on Sylvania (just west of Secor Road). Drive to back parking lot. Enter glass doors of new building. Entrance to the gym is straight ahead, on left in main hallway.

Our Lady of Lourdes Parish: 6149 Hill Avenue, Toledo
When traveling west on Hill, OLL is on the left (just past Holland-Sylvania). Turn left into third parking lot (past church). School is across bridge; enter double glass doors.



Football and Soccer Field Locations

Msgr Jerome Schmit CYO Athletic Complex: 555 S. Holland-Sylvania Rd.

Cross Country Parent Information: Taken from CYO Handbook

How to get more Involved (without Coaching)

There are plenty of things that need to be done in preparation for each week's meet. Ask the coach at your parish if you may help with any of the following tasks:

- Paper work
- Finish card runners and/or collectors at the meet (not allowed in chute area if not a coach)
- Group leaders for a division when walking the course
- Passing out participant ribbons
- Race day volunteer to serve as a marshal on the course (if needed)

Race Procedure and Order

8:00 am - The course is open for inspection for the Cadets & Juniors*

8:30 am - Coaches' meeting with meet director

8:55 am - CYO Team Prayer will be recited; followed by the Pledge of Allegiance

9:00 am - Junior girls' race

- Junior boys' race

- Cadet girls' race

- Cadet boys' race

11:00 am - The course is open for inspection for Pee Wees and Minors after the completion of the Cadet boys' race

11:30 am - CYO Team Prayer will be recited

- Pee Wee girls' race

- Pee Wee boys' race

- Minor girls' race

- Minor boys' race

NOTE: We will not walk the course as a group. All of the course maps will be posted on the CYO web site. There will be no copies of the course maps handed out to coaches unless a last minute change is necessary. When the course is open for inspection, the coach should take his/her team out to walk the course. The meet sponsor will have people available who will answer questions pertaining to the layout of the course. We will be a "rabbit" for the Pee Wee and Minor races, as well as a "turtle" for all eight races. There will be an awards ceremony ONLY at the final meet.

St. Rose Parish Athletic Handbook Acknowledgment

By signing below, I acknowledge that I have read this handbook and agree to follow and uphold the athletic philosophy and mission of the St. Rose Parish Athletic Program and the Catholic Youth Organization (CYO) of the Diocese of Toledo.

Athlete_____ Date_____

Parent/Guardian_____ Date_____

Coach_____ Date_____